

VNG (Videonystagmography) ENG (Electronystagmography)

A \$75.00 FEE WILL BE ASSESSED WHEN APPOINTMENTS ARE NOT KEPT AND NOT CANCELED IN ADVANCE (WITHIN 24 HOURS OF APPOINTMENT TIME)

WE RECOMMEND YOU BRING SOMEONE TO DRIVE YOU AFTER THE TEST.

PATIENT INFORMATION AND INSTRUCTIONS

- Test Procedure:
This is a test of the balance functions of the inner ear and the brain. The following are some of the important parts of the test:
 - Tracking moving objects with the eyes
 - Testing the effect of various positions of the body on the balance center
 - Stimulation of the inner ear by irrigation with cool and warm air or water.
- Make-up:
Goggles or electrodes will be placed around your eyes. Women should remove make-up on the day of the test in these areas (especially mascara).
- Glasses:
If you wear glasses of any sort, or use contact lenses, please bring them and their cases with you for the test. You may be asked to remove them.
- Meals:
If your appointment is scheduled following a mealtime, it is suggested that only a light meal be taken.
- Drugs:
Many commonly used sedatives or stimulants may affect the test results. The following list must be avoided at least 48 hours before your appointment time. Please call the Audiology department immediately if you have any questions about this list.

*Anti-vertiginous medications, e.g.:

Meclizine
Bonine
Antivert
Dramamine
Voltrol

*Stimulants, e.g.:

Amphetamine
Triavil
Elavil

*Alcohol

*Antihistamines, e.g.:

Allergy Medications
Benadryl

*Sedatives, e.g.:

Sleeping pills
Phenobarbital
Balladanal

*Other Stimulants, e.g.:

Tobacco
Coffee
Tea
Cola
(All caffeinated products)

*Anti-depressants

*Tranquilizers, e.g.:

Valium
Librium

Please contact our office if you have any questions about the above mentioned medications!